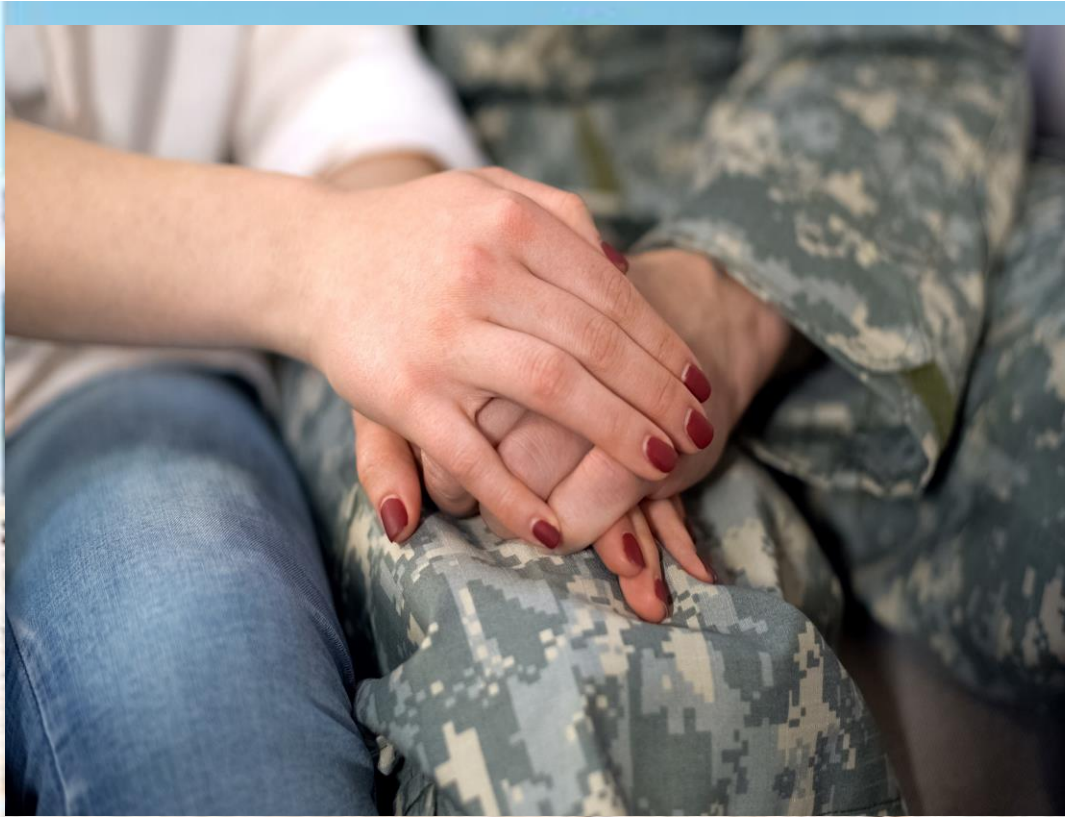


GRATITUDE

2ND AND 5TH GRADE TITAN BUDDIES | NOVEMBER - 2022



GRATITUDE

This month, we are discussing gratitude with our Titan Buddies. Gratitude is the quality of being thankful; readiness to show appreciation for and to return kindness. To show our appreciation of others, we have decided to write letters to American soldiers across seas in time for the holidays.

It is important for us to take the time to thank others for the hard work they do. In this activity, we are reflecting on the hardship of others and taking the time to give back and express our gratitude.

If your family would also like to send a letter, we are partnering with A Million Thanks. You can find more information at:
<https://amillionthanks.org/>

QUESTIONS TO ASK AT HOME

How does it feel to do something nice for someone?

What's one kind or thoughtful thing someone did for you recently?

What is something kind or thoughtful you could do for someone tomorrow?

What about today has been better than yesterday?

Who is someone that really listens when you talk, and how does that affect you?